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that is enhanced by that quality.
Choose one "partner personal quality"
to tally up at a time. Then total up the
scores and discuss! Example: Imagine
a client has "Tall" or "Curvy" on their
ideal life partner quality list.

3 Ways to Use the Wheel of Life in

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Evaluating ...

The Wheel of Life is a flexible coaching tool that offers a 360-degree view of your current life situation. It quickly identifies areas of imbalance and helps you to create goals and set priorities based on your life vision. This means to know what you want in life,

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The Wheel of Life is a simple yet
powerful tool for visualizing all areas of
your life at once to see where you
most need improvement. It only takes

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The purpose of the wheel of life exercise is to make sure our wheel, the whole of our life, is balanced, all aspects or needs fulfilled in the right way. When one aspect of your life becomes the...

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